

Fitch Street Public School
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January 2020

FROM THE OFFICE

Welcome back. The Staff at Fitch Street would like to wish each and everyone of you a very Happy New Year. After a restful and enjoyable holiday with family and friends, we are looking forward to the a very productive term.

In December we had a very busy month preparing for our wonderful holiday concert. The students and staff did an outstanding job of sharing songs. For those of you who had the opportunity to take in these great concerts, thank you for the positive feedback.

We have many exciting learning opportunities planned and 2020 promises to be an eventful one. We would like to thank all our wonderful families for their ongoing support and look forward to continuing to work closely with all of you in the New Year. We also want to thank all of the amazing staff at Fitch Street for their hard work and dedication in ensuring the success of all students at Fitch.



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P.A. DAY REMINDER

Just a reminder that Friday, January 17th is a Professional Activity Day and there will not be classes for students that day.



PLAN AHEAD

MARCH BREAK

March 16, 2020
through
March 20, 2020



Throw No Snow!



STUDENT OF THE MONTH FOR CARING



The Award Winners are:

Mrs. LeBlanc	Jack T., Kiara H.
Ms/ Kreamer	Victoria H., Keenan S.
Mr. Sacco	Neveah G., Emily B.
Mrs. Nguyen	Grace G., Tayelyn H., Tyfanny H.
Mrs. Gravelle	Ben T., Abdelrahman H.
Mrs. Anderson	Nolan D., Hayley D.
Mrs. Filion	Kerah S., J.J. L.
Mrs. Folino	Dahlia B., Isaiah R., Abby M.
Mr. Scozzafava	Sami N., Lily N.
Mrs. Janzen	Eryam A., Sophie H., Alicia M., Brooklyn W., William G.
Mr. Ilskens	Arik R., Ryan S.
Mr. Frank	Santiago O., Juliana R., Ridwan M.
Ms. Giroux	Mehgan B., Josh P., Doris R.
Mrs. Matier/ Mrs. Nero	Aspen A., Dallas B., Ananya S.
Ms. Gordon/ Ms. Leveille	Israel C., Isaac C., Bethany F., Hailey V.
Mrs. Fawkes/ Miss Martins	Joud D., Zeena E., Claire C.
Mrs. Scott/ Mrs. Rajiva	Julian T., Kaylee S.
Mr. Mazurek	Carter S.

WINTER SAFETY

❄ Winter weather usually brings lots of opportunities for fun in the snow, however, it can also bring danger when students don't play in a careful way. Snowballs, especially, can cause serious injury. Therefore, we have a NO THROW SNOW policy.

❄ The climbing equipment will also be off-limits to students during snowy and/or icy weather as boots, snow pants and gloves or mittens make it difficult to get a good footing or grasp when climbing, and drawstrings and scarves could become caught in the equipment.

❄ Please make sure your child comes to school dressed warmly on cold days since the wind can be harsh as it blows across our open playground. A pair of shoes to wear in the building when boots are removed is also a necessity. It is also a good idea to send an extra pair of mittens/gloves and socks (labelled with your child's name) in case these get wet during first break and haven't dried sufficiently to second break.

HEALTH NOTES

The flu and cold season is here! One way to help control the spread of germs is to educate our youngsters about the importance of coughing into their sleeve rather than their hands and to wash their hands frequently, especially if they have the sniffles.

Not sure when to send your child to school if he/she isn't feeling well? We appreciate the desire to not miss school, but for the sake of the healthy children we ask that students with bad coughs, sore throats and flu (i.e. fever, diarrhea) stay at home. A good rule of thumb is that if you think your child is not well enough to go outside during breaks, then he/she should probably not be at school. We do not have facilities or staff available to supervise students who are ill.

Communication about French Immersion Opportunities for Year 2 Kindergartens

The French Immersion program offered at Princess Elizabeth is open to all students in Year 2 (Senior) Kindergarten. If you want your child to develop a high proficiency and fluency in Canada's two official languages, French Immersion has a great deal to offer.

FEATURES OF THE FRENCH IMMERSION PROGRAM:

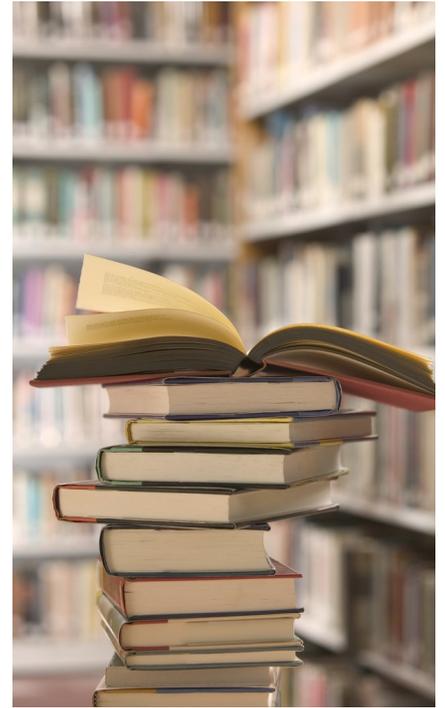
- Development of French language skills in speaking, listening, reading and writing from Grades one to twelve;
- Designed to be a second-language program for children whose first language is **NOT** French;
- Current enrolment of over 2,000 elementary students;
- Certificate of French Immersion Studies awarded upon successful completion of the elementary and secondary immersion programs;
- Opportunity to challenge the Diplôme d'études de langue française (DELF) exam in Grade 12 ;
- Promotes understanding of different cultures;
- Provides additional opportunities for employment using French as the working language;
- Increased ability to communicate and interact with confidence in French.



Registration will open January 6th, 2020

For more information about French Immersion in the District School Board of Niagara visit www.dsbni.org/fi or speak to your school principal.

A Parent Information evening will be held on Wednesday, January 9th at Princess Elizabeth Public School from 6-7:00 pm.



Allergy Alert

Please be aware that we have several students with life threatening allergies at Fitch. Please do not send any snacks to school that contain tree nuts or shellfish. If you wish to send a treat with your child, please discuss it with your child's teacher and ensure it does not contain nuts or shellfish. Thank you for helping keep all of our students safe.

SAVE THE DATE FOR
KINDERGARTEN
KICKSTART
AT THE DSNB

See a Kindergarten classroom
 Meet the Kindergarten Team
 Register for school
 Get a fun goodie bag with learning resources

REGISTER ONLINE!
DSBN.ORG/KINDERGARTEN

Thursday, January 30, 2020 • 10 a.m. - 6 p.m.



Cereal/Cracker/Granola Bar Dive



We have been challenged to run a Cereal and Cracker Drive. It will run from January 10 – 30. The donated items we collect **will be used for our Fitch Snack program.** The more boxes we collect, increases our chances of winning a school wide breakfast provided by Sunset Grill and served by characters from Party Perfect Events. As per the nutrition guidelines, we are limited to accepting the following product

Cereal

- Original Shreddies
- Multigrain Cheerios
- Special K Granola

Granola Bars

- Chewy apple Crumble
- Nature Valley Lunch Box
- Very Berry

Crackers

- Original Triscuit
- Multigrain Breton
- Multigrain Wheat Thins
- Kashi Roasted Vegetable



Screen Smart Week- Coming soon!

Never before has there been such a wealth of knowledge available right at our fingertips. Did you know that over half of elementary aged students own a smartphone? Students must develop the skills to manage screen time appropriately in order to live healthy, balanced lives.

Screen Smart Week is a school based screen time program that encourages students to choose active time over screen time. Schools are encouraged to host a Screen Smart Week at their school to promote healthy screen time behaviors.

Stay tuned for more information regarding Niagara Screen Smart Week!

Niagara Parents

Do you have questions about your child's health or growth and development?

Now you can:

- Call
- Email
- Live Chat

with a public health nurse at Niagara Parents.

Nurses are happy to provide reliable advice about; pregnancy, newborn care, behavioural issues, child or parental mental health concerns, and community supports. A public health nurse is available to answer your questions Monday – Friday 8:30 a.m. – 4:00 p.m. You are also able to register for many of our clinics and classes at niagararegion.ca/parents. We're with you every step of the way!



niagara parents

Connect with a public health nurse at Niagara Parents

905-684-7555 or
1-888-505-6074 ext. 7555

parents@niagararegion.ca

Live Chat

niagararegion.ca/parents

Niagara Parents

Niagara Parents provides a variety of services to help you raise a happy and healthy family. Learn more about pregnancy and caring for babies, children, and teens at niagararegion.ca/parents

Niagara  Region

Start the Year with Clear Vision!

Children who have trouble seeing may struggle to learn and take part in activities at school. Children are often unaware of their own vision problems, so many issues can go unnoticed and untreated. If untreated, some vision problems may affect a child's vision for life.

Eye exams with an optometrist are important to identify and treat any possible vision issues.

Yearly eye exams are **free for anyone under 20 with a valid OHIP card**. Families can find eye doctors in their community by visiting findaneyedoctor.ca

Stay Connected

Remember to use #HealthySchoolsNiagara to show off all your Healthy Schools work on your social media channels!

Connect with your school Nurse, Jennifer Meffe:

A friendly reminder of some services/programming/resources I can provide, but are not limited to:

- Handwashing/respiratory etiquette (Kindergarten)
- Head Lice Presentation/training
- Healthy growth & Development curriculum support (Sexual education)
- Puberty Night (Grades 5 & 6)
- Healthy Eating/Nutrition tools & curriculum support
- Vaping teaching for staff, at council meetings and for students (grades 4-8)
- EpiPen training for Staff
- Playground Activity Leaders in School (PALS)
- Support and Consultation to creating a Healthy School

Student Nutrition Programs: <https://www.niagananutritionpartners.ca/>