

Fitch St. Public School



FITCH ST.
FALCONS

Falcons NEWSLETTER

October 2017

Principal: Mr. D. Howell

Superintendent: Mrs. K. Pisek

Trustee: Mrs. S. Barnett

From the Principal's Desk

We have started off the 2017-18 school year at Fitch Street with a bang. Students are very busy this fall participating in such events as cross country, intermediate soccer, and an intensive focus on instruction. The increase in physical activity, combined with above seasonal temperatures, makes it necessary for students to be aware of their hydration levels throughout the day. Students are encouraged to bring a refillable water bottle to school during the month of June.



I would like to take this opportunity to invite parents to work hard to support student learning this year. Several volunteers have been active both in the classrooms and at extracurricular events, ensuring

that our students have a variety of engaging learning opportunities. We really need and appreciate all of your support and assistance. We look forward to seeing you around the building this year.

Mr. D. Howell



Principal

The sun is shining and it's time to get outside to play! But before you run outside, make sure you remember your 5 S's...

- **Slip:** on some clothes that will protect your skin from the sun (loose-fitting and tightly woven are best).
- **Slop:** on some sunscreen that is at least SPF 30 and filters UVA & UVB rays (broad-spectrum). Put sunscreen on 20 minutes BEFORE you go outside, so it can soak in. Don't forget your ears, nose and feet if you are wearing sandals! Lips should also be protected with SPF 30 lip balm.
- **Slap:** on a wide-brimmed hat to protect your face, ears and neck
- **Seek:** shade when outside between 11am-4pm
- **Slide:** on some sunglasses that have 100% UVA & UVB filters.

Attention moms, dads, coaches and caregivers: sun damage can happen quickly, so make sure youth remember sunscreen for lunch break, gym class, track and field and other outdoor activities.

For more information, talk to your school nurse.

Student Recognition Assemblies

We will be gathering in the gymnasium each month to recognize student achievement with a particular emphasis on character development this year. This will be an opportunity to congratulate students for their efforts and achievements, while promoting school spirit and a sense of unity among our student body. The assemblies will take place on the last Friday of each month and will feature individual as well as group presentations. Parents are always welcome to join us for these celebrations.

September's Respectful Students of the Month for are as follows:

Kinders1 – Evan V., Tristan B., Jackson N, Zoey G.

Kinders2 - Sophie K., Gabriel G., Lilly D., Keira S., Alexa S.

Kinders 3- Emily M.

Gr. 1 – Jayson M., Jackson M.

Gr. 1/2 – Olivia H., Saah K.

Gr. 2 – Katryna P., Wyatt G.

Gr. 3 – Ryland B., Zaynah B., Kameron P., Taylor R.

Gr. 3/4- Colton C., Zane R.

Gr. 4/5 – Nico D., Ronan G.

Gr. 5-1- Mila B., Savannah A.

Gr. 5/6 – James L., Mateo Q.

Gr. 6- Keira A., Anelle S.

Gr. 7/8I – Abby V., Kyle H.

Gr. 7/8F- Thomas M., Emma H., Joav A.



A Big Thank you to
Family Video for sponsoring
our students of the month
with a free video rental.
520 Niagara St., Welland

Fitch Street Snack Program

Fitch Street Staff are happy to share the news that we have implemented a school wide snack program to ensure that our students have access to healthy snacks on those days when they have eaten their lunch and are still hungry. A great big thank you to the Niagara Nutrition Partners for their

hard work in helping in our community to raise funds for this important program.

The Fitch Street School Community has always been generous in providing donations for different programs and so we will gratefully accept food donations/grocery gift cards to be used toward making sure we have enough for our students.

There are strict guidelines in terms of what food can be offered to children so we respectfully ask that if you would like to donate please check with Mrs. Lepore. Donations of fresh fruit and vegetables, as well as yogurt are always welcome.

Elementary School Dental Screening Program Newsletter Insert & Morning Announcement

Free Dental Screening Coming to Your School

A Public Health registered dental hygienist is scheduled to visit your school Nov. 21 & 23, 2017 to provide dental screening to students in ELKP, grades 2, 4, 6 and 8 as required under the Health Protection and Promotion Act.

During this time the registered dental hygienist will perform a quick visual inspection of each child's teeth to determine his/her dental needs. Parents will be contacted if their child requires immediate dental care. The Healthy Smiles Ontario program may financially assist children who do not have access to required dental care.

Please contact the Public Health dental program if:

- You wish to exclude your child from dental screening
- Your child is not in one of the targeted grades and you would like him/her to participate

In addition to dental screening, ELKP students have an opportunity to receive an optional free fluoride varnish application if they have returned a signed consent form.

Call the Dental Health Line at 905-688-8248 or 1-888-505-6074 ext. 7399 or email dental@niagararegion.ca.

Terry Fox Walk and Update

Fitch Street completed its Terry Fox walk on Thursday, September 28th but our fundraising campaign and recognition continues until Thanksgiving. As of September 29th we have raised over \$3000 that will go to the Terry Fox foundation for Cancer Research. Thanks to everyone in the Fitch Street Community for supporting this endeavor.



Free Money for Your Child's Future!

What is the Canada Learning Bond (CLB)?

The Canada Learning Bond (CLB) is a government program that gives \$500 in education money to children born on or after January 1, 2004 whose families receive the Canada Child Benefit Supplement (family net income of \$45,916 or less or more based on number of children).

Sound good? Keep reading...

- The Government will add \$100 more every year the child is eligible, up to age 15.
- Each child could get up to \$2000 (plus interest) in RESP contributions!
- NO family contribution is required
- The Canada Learning Bond is retroactive for children born 2004 or after

Great! Here is How You Get Started:

Go to: StartMyRESP.ca/EFNiagara

Intermediate Girls' Volleyball Team

Congratulations to the Girls who have been selected to represent this year's team as Fitch Street Falcons. Team members include:

Unique V.	Sierra H.
Emma M.	Keziah P.
Emma H.	Abi L.
Emma B.	Abbie S.
Emma G.	Mya B.
Victoria T.	Emily J.

High School Open Houses

Grade 8 Students and Parents: Save the Date!

Starting high school is a huge step in a student's life.

While it's definitely an exciting time, it also brings with it many questions, such as "What's life in high school really like? What programs and options are available to help me achieve my goals?"

A great way to have your questions answered is to attend an open house. Grade 8 students and their families are invited to attend High School Open Houses from November 27-30.

Details about open houses will be shared with parents/guardians mid-October.

High School Open House Dates and Times:

Eastdale Secondary: November 30 – 6:00 p.m.

Welland Centennial Secondary: November 30 – 6:30 p.m.

Int. Soccer

Congratulations to the Intermediate Soccer team members on a great showing at their tourney this September. They were very competitive against large school teams and earned the title of Consolation Finalists. Mr. S. would like to congratulate the following team members: Keegan B., Mustafa F., Austin G., Emma H., Sarah H., Cameron K., Felix L., Jayson M., Alejandro Q., Mateo Q., Rex S., Kelsan S., Luke W., Quaid W.